

## SENIOR COMMUNITY CAFÉ MENU CALENDAR - February 2020

			OR COMMUNITY CAFE MENU					
MONDAY		TUE\$DAY		WEDNESDAY		THURSDAY		FRIDAY
NO CRT LUNCH Menu TBD	4	Apple Juice American Chop Suey / Capri Vegs Wheat Dinner Roll Cherry-Apple Crisp	5	Roast Turkey w / Gravy Mashed Potatoes Mixed Vegetables Cranberry Sauce Wheat Bread Peaches	6	Italian Sausage w/ Ital Sce / Penne w/ Marinara Sce / Parm Cheese / Italian Blend Vegs / 12 Grain Bread Fruit Cocktail	7	Mariner's Fish Chowder Seafood Salad on a Multi-Grain Bun Baked Sweet Potato Shredded Lettuce Pineapple Mandarin Mix
NO CRT LUNCH Menu TBD	11	Cr of Broccoli Soup Roast Chicken with Vegetable Broth Mashed Potatoes Spinach/ Ritz Crackers / Tapioca Pudding w/ Topping	12	Stuffed Pepper w/ Marinara Sauce Penne w/ Marinara Sauce Parmesan Cheese Green & Yellow Wax Beans Wheat Dinner Roll Fruit Cocktail	13	Macaroni & Cheese Stewed Tomatoes Spinach Salad w/ Tomatoes / Italian Dressing / Club Roll / Fresh Banana	14	Grape Juice Baked Ham w/ Raisin Sce Baked Potato Butternut Squash 12 Grain Bread Raspberry- Jam Filled Cookies
CRT Closed In Observance of President's Day Holiday	18	Swedish Meatballs w/ Gravy / Bowties Peas /Diced Carrots Wheat Bread Fresh Orange	19	Corn Chowder Brded Fish Filet /Tartar Sce Potato Puffs California Blend Vegetables 12 Grain Bread Home-Baked Cookie	20	Rst Pork A La Orange Sweet Pots w/ Apples Carribbean Vegs Corn Muffin Pears	21	Cranberry Juice Oven-Fried Chicken Mashed Potatoes Corn Oatnut Bread Fruit Cocktail
Orange Juice Hot Dog / Hot Dog Roll Mustard, Relish, Ketchup / Vegetarian Baked Beans / Red, Green, Purple Cabbage Coleslaw / Wholegrain Fruit Oatmeal Bar	25	Shell Pasta w/ Marinara Sauce / Mini-Beef Meatballs w/ Sce / Parmesan Cheese / Italian Mixed Vegs /Garden Salad w/Toms, Cucs / Ranch Dressing / Saltines / Peaches	26	Cream Of Vegetable Soup Tuna Salad on Multi-Grain Roll / Potato Wedges / Ketchup / Sliced Tomatoes & Shredded Lettuce / Fresh Orange	27	Roast Turkey w/ Gravy Stuffing Cranberry Sauce Capri Blend Vegs Corn Muffin Fresh Banana	28	Grape Juice Cheesy Veggie Lasagna Tossed Salad with Tomatoes & Cucs / Italian Dressing / Mixed Vegs Wheat Dinner Roll Pineapple Tidbits
	NO CRT LUNCH Menu TBD  CRT Closed In Observance of President's Day Holiday  Orange Juice Hot Dog / Hot Dog Roll Mustard, Relish, Ketchup / Vegetarian Baked Beans / Red, Green, Purple Cabbage Coleslaw / Wholegrain	NO CRT LUNCH Menu TBD  11  NO CRT LUNCH Menu TBD  18  CRT Closed In Observance of President's Day Holiday  Orange Juice Hot Dog / Hot Dog Roll Mustard, Relish, Ketchup / Vegetarian Baked Beans / Red, Green, Purple Cabbage Coleslaw / Wholegrain	NO CRT LUNCH Menu TBD  NO CRT LUNCH Menu TBD  NO CRT LUNCH Menu TBD  11  NO CRT LUNCH Menu TBD  Cr of Broccoli Soup Roast Chicken with Vegetable Broth Mashed Potatoes Spinach/ Ritz Crackers / Tapioca Pudding w/ Topping  18  CRT Closed In Observance of President's Day Holiday  Orange Juice Hot Dog / Hot Dog Roll Mustard, Relish, Ketchup / Vegetarian Baked Beans / Red, Green, Purple Cabbage Coleslaw / Wholegrain  Apple Juice American Chop Suey / Capri Vegs Wheat Dinner Roll Cr of Broccoli Soup Roast Chicken with Vegetable Broth Mashed Potatoes Spinach/ Ritz Crackers / Tapioca Pudding w/ Topping  25  Shell Pasta w/ Marinara Sauce / Mini-Beef Meatballs w/ Sce / Parmesan Cheese / Italian Mixed Vegs /Garden Salad w/Toms, Cucs / Ranch Dressing /	NO CRT LUNCH Menu TBD  NO CRT LUNCH Menu TBD  NO CRT LUNCH Menu TBD  11  NO CRT LUNCH Menu TBD  12  Cr of Broccoli Soup Roast Chicken with Vegetable Broth Mashed Potatoes Spinach/ Ritz Crackers / Tapioca Pudding w/ Topping  18  CRT Closed In Observance of President's Day Holiday  18  CRT Closed In Observance of President's Day Holiday  18  CRT Closed In Observance of President's Day Holiday  25  Shell Pasta w/ Marinara Sauce / Mini-Beef Meatballs w/ Sce / Parmesan Cheese / Italian Mixed Vegs /Garden Salad w/Toms, Cucs / Ranch Dressing /	NO CRT LUNCH Menu TBD  Apple Juice American Chop Suey / Capri Vegs Wheat Dinner Roll Cherry-Apple Crisp  Cr of Broccoli Soup Roast Chicken with Vegetable Broth Mashed Potatoes Spinach/ Ritz Crackers / Tapioca Pudding w/ Topping  18 CRT Closed In Observance of President's Day Holiday  CRT Closed In Observance of President's Day Holiday  CRT Closed In Orange Juice Hot Dog / Hot Dog Roll Mustard, Relish, Ketchup / Vegetarian Baked Beans / Red, Green, Purple Cabbage Coleslaw / Wholegrain  Apple Juice American Chop Suey / Capri Vegs Wheat Dinner Roll Fruit Cocktail  12 Stuffed Pepper w/ Marinara Sauce Penne v/ Marinara Sauce Penne v/ Marinara Sauce Pe	NO CRT LUNCH Menu TBD  Apple Juice American Chop Suey / Capri Vegs Wheat Dinner Roll Cherry-Apple Crisp  American Chop Suey / Capri Vegs Wheat Dinner Roll Cherry-Apple Crisp  Cranberry Sauce Wheat Bread Peaches  11  NO CRT LUNCH Menu TBD  Cr of Broccoli Soup Roast Chicken with Vegetable Broth Mashed Potatoes Spinach/ Ritz Crackers / Tapioca Pudding w/ Topping  18  CRT Closed In Observance of President's Day Holiday  CRT Closed In Observance of President's Day Holiday  Torior  Swedish Meatballs W/ Gravy / Bowties Peas / Diced Carrots Wheat Bread Fresh Orange  Torior  Marinara Sauce / Marinara Sauce / Meat Dinner Roll Fruit Cocktail  19 Corn Chowder Brded Fish Filet /Tartar Sce Potato Puffs California Blend Vegetables 12 Grain Bread Home-Baked Cookie  25 Shell Pasta w/ Marinara Sauce / Mini-Beef Meatballs w/ Sce / Parmesan Cheese / Italian Mixed Vegs /Garden Salad w/Toms, Cucs / Ranch Dressing / Vector Presh Orange Coleslaw / Wholegrain  6  Roast Turkey w / Gravy Mashed Potatoes Mixed Vegetables Cranberry Sauce Wheat Bread Peanew Wharinara Sauce Penne w/ Marinara Sauce Pe	Apple Juice American Chop Suey / Capri Vegs Wheat Dinner Roll Cherry-Apple Crisp  NO CRT LUNCH Menu TBD  11  NO CRT LUNCH Menu TBD  11  Cr of Broccoli Soup Roast Chicken with Vegetable Broth Mashed Potatoes Spinach / Ritz Crackers / Tapioca Pudding w/ Topping  18  CRT Closed In Observance of President's Day Holiday  Crange Juice Hot Dog / Hot Dog Roll Mustard, Relish, Ketchup / Vegetarian Baked Beans / Red, Green, Purple Cabbage Coleslaw / Wholegrain  Mapple Juice American Chop Suey / Capri Vegs Mashed Potatoes Mixed Vegetables Cranberry Sauce Wheat Bread Peaches  12  Stuffed Pepper w/ Marinara Sauce Penne w/ Marinara Sauc	NO CRT LUNCH Menu TBD  Apple Juice American Chop Suey / Capri Vegs Wheat Dinner Roll Cherry-Apple Crisp  NO CRT LUNCH Menu TBD  Apple Juice American Chop Suey / Capri Vegs Wheat Dinner Roll Cherry-Apple Crisp  To of Broccoli Soup Roast Chicken with Vegetable Broth Mashed Potatoes Spinach / Ritz Crackers / Tapioca Pudding w/ Topping  Tersident's Day Holiday  Tersident's Red, Green, Purple Cabbage Coleslaw / Wholegrain Mixed Vegetables Cranberry Sauce Wheat Bread Peaches  Stuffed Pepper w/ Marinara Sauce Penne w/ Marinara Sauc

Elderly Nutrition Program meals are served Monday thru Friday to persons 60 years of age or older and their spouses

All meals are served with milk, bread and margarine. SUGGESTED DONATION: \$2.50 (or whatever you can afford)